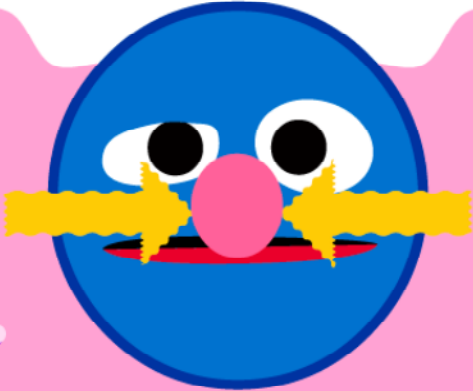


HOW TO COUGH AND SNEEZE SAFELY



Protecting others is as easy as 1, 2, 3!

Feel a sneeze coming.



Move your bent elbow toward your nose and mouth.



Sneeze into the crook in your elbow.
Not your hands!



Achoo!

Tip:
If you're wearing
a mask and need
to sneeze,
keep your mask on!



What comes next?

Find the next step
in the sequence to sneeze
or cough safely.

